



# What are they & what do you do about them?

1 John 1:8-9; Psalm 24:3-4; Psalm 51:9-12

Here's the "BLUF" (bottom line up front) – *Call sin "sin" and deal with it!*

Scripture Text (1 John 1:9) – "Admit it, Quit it, Forget it!"

## 1. God's Lists of Sins

10 Commandments – Exodus 20:1-18

7 Sins God Hates – Proverbs 6:16-19

17 Works of the Flesh to be Avoided – Galatians 5:19-21

## 2. Man's List of Sins & Virtues

Seven Sins	Seven Virtues
Lust – 2 Timothy 2:22a	Self-control – 2 Timothy 2:22b
Gluttony – Proverbs 23:19-21	Temperance – 1 Cor. 10:31
Greed – Hebrews 13:5	Charity/Love – Ephesians 4:28
Sloth – Proverbs 6:9-11	Diligence/Zeal – Proverbs 6:6-8
Wrath – Romans 12:19	Patience – Romans 12:20-21
Envy – Proverbs 14:30	Kindness – Romans 12:10
Pride – Proverbs 16:16-17	Humility – James 4:10



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*There's Victory at the Cross!*